



MMK & SDM MAHILA MAHAVIDYALAYA

KRISHNAMURTHY PURAM, MYSORE



Youth Red Cross

REPORT ON OLD AGE HOME VISIT

PRINCIPAL

MMK & SDM Mahila Mahavidyalaya
Krishnamurthypuram, Mysore-570 004

PREPARED BY:

SHIVABEERAPPA.M

PROGRAM OFFICER

YOUTH RED CROSS

1. INTRODUCTION: -

Old Age Home Visit is an initiative aimed at creating a positive impact on the lives of elderly individuals residing in old age homes. It involves visiting these facilities to provide companionship, support, and care to the residents, offering a sense of warmth and connection. This introduction highlights the importance of reaching out to the elderly, promoting empathy, and fostering a sense of community and inclusiveness.

2. OBJECTIVES:

- Provide emotional support and companionship to elderly residents.
- Enhance the overall well-being and mental health of the elderly.
- Address social isolation by fostering social connections and a sense of belonging.
- Promote empathy and understanding towards the challenges faced by the elderly.
- Create meaningful interactions and mutual learning between volunteers and residents.

3. PROCEEDINGS OF THE PROGRAM

1. The Old Age Home Visit program aims to create a positive impact on elderly residents by providing companionship and support.
2. Volunteers will engage in one-on-one interactions, listening to the residents' stories and experiences with genuine interest.
3. Group activities, such as games and music sessions, will foster a sense of camaraderie and inclusiveness among the residents.
4. Small gifts will be distributed to spread joy and make the elderly feel valued and cherished.
5. The program emphasizes empathy, emotional support, and creating a warm and friendly atmosphere for elderly residents.

4. NO OF STUDENTS ATTENDED

5 Students

5. CONCLUSION

Old age home visits play a crucial role in providing emotional support, enhancing well-being, addressing social isolation, promoting empathy, and creating meaningful interactions with elderly residents. By fulfilling these objectives, we can make a positive impact on the lives of the elderly, fostering a sense of belonging and contributing to a more compassionate and inclusive society that values and cares for its senior members.


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6. TIMETABLE OF THE PROGRAM

DATE: 04-01-2023

TIME: 1 PM Onward

NAME OF FACULTY INVOLVED: Shivabeerappa.M, YRC program officer

VENUE: Belaku Vatsalya Dhama

Total No. of Participants: 5 students


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II OM SHRI MANJUNATHAYA NAMAHA II
Mysore Makkala Koota &
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Prof. Sainath Malligemadu
Principal

Office of the Principal

Ref. No.: MMK & SDM / MMV / / 20__20__

Date :

List of Youth Red Cross volunteers visited Belaku Vatsalya dhama an Orphanage at mysore on 04-01-2023.

SI NO	NAME	CLASS	SIGNATURE
1	Pruthvi Ramesh	III B.COM 'B'	Pruthvi Ramesh
2	Vaishali	III B.COM 'B'	Vaishali
3	Vaishnavi.M	III B.COM 'B'	Vaishnavi.M
4	Vaishnavi.D	III B.COM 'B'	Vaishnavi.D
5	Bhuvaneshwari	III B.COM 'B'	Bhuvaneshwari



PROGRAM OFFICER



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9. PICTURE GALLERY



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